SNACK ITEMS THAT MEET SB 12
(Abbreviated list suggestions)

Fresh Fruit
Fresh Vegetables
String Cheese
Applesauce cups Motts
Fruit or Vegetable Juice*

*Elementary: less than 8 fl. oz., 100% juice and no added sweeteners
*Middle school: 12 fl. oz., 100% juice and no added sweeteners

Granola, Fruit Bars, Trail Mix
Nutrigrain cereal bars in flavors: apple cinnamon, cherry, blueberry, strawberry, mixed berry, and strawberry greek yogurt -K
Nature Valley granola bar in flavors oats & honey, fruit & nut bar, & peanut butter – GM
Nutrigrain chewy twists apple cobbler & strawberry cheesecake – K
Cereal breakfast squares, oatmeal & raisin – Q
**School Days granola bar in Best Berry flavor – Q
**Kashi Chewy Granola Bar trail mix – K
**Kashi Soft ‘n Chewy Banana Chocolate Chip – K
**Van’s Gluten Free Blueberry & Peanut Butter Snack Bar – V

Cheese & Chips
**String-ums string cheese low moisture part-skim mozzarella – K
Cheetos baked crunchy, flaming hot – FL
Chips Oven-Baked Lays in flavors: BBQ, Lays original, Lays sour cream & onion –FL
Chips crisp ums cinnamon sugar – Q
**Sargento Cheddar Mozzarella cheese snack – SO
**Sargento Natural Light String Cheese - SO

Cookies & Crackers
Grahams chocolate giant goldfish, cinnamon giant goldfish – CS
Crackers elf grahams 1oz – K-K
Crackers Right bites Cheez its 100-calorie pack – Ke
Crackers Ritz Crisp – N
Crackers Wheatables – Ke
Ice Cream, Frozen Dessert & Fruit Cups
NEW!! Kona Ice ‘Fruit First’- Ko
Haagen Dazs in flavors: raspberry & vanilla yogurt – HD
Frozen dessert ice cream bars strawberry & cream – HS
Frozen dessert juice bars 2.25oz in flavors: orange, cherry, & grape – MM
NEW- Fruit cups in flavors: cherry & mixed fruit, diced apples & pears, and Superfruit peach chunks in pomegranate & orange juice – DM
Fruit cups fruit bowls peaches – D
Fun fruit 100% fresh ready to eat apples, grapes, orange wedges & pineapple -S
Yogurt creamy fruit blends blueberry, cherry, peach, strawberry, strawberry banana – D
Yogurt Danimals drinkables strikin’ strawberry kiwi, swingin’ strawberry banana 3.1oz - D

Pretzels & Snack Mix
51% Whole Grain Baked Pretzel baked mini 1oz #30113 – JJS
Pretzel sourdough nibblers – SNY
Pretzel Rold Gold heartzels– FL
Rice snacks quakes in flavors: caramel corn and cheddar cheese – Q
Snack mix Chex in flavors: traditional, honey nut, caramel crunch, and cheddar cheese – GM
Snack mix munchies kids mix 28 gm – FL
Wheat Thin mini crisps – N
NEW- Popped Apple Cinnamon Rice Snack - Q

(Product Key) GM=General Mills, K=Kellog’s, K-K=Kellog’s & Keebler, Ke=Keebler, OS=Otis Spunkmeyer, Ko=Kona Ice, Kr=Kraft, N=Nabisco, FL=Frito Lay, CS=Campbell Soup Co, HD=Haagen Dazs, HS=Heartsmart, MM=Minute Maid, DM=Del Monte, D=Dole, S=Sunkist, JJS=JJ Snack, SNY=Snyders, PF=Pepperidge Farms, Q=Quaker, D=Dannon, GN=Genisoy, V=Van’s, SO= Sargento

Please keep in mind this is an ‘Abbreviated’ list – Each parent/teacher should use his/her best judgment and please consult Tulare City School District Nutrition Services with any questions or concerns.

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Myplate is healthy