



TULARE CITY

School District

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www.nutritionservices.tcsdk8.org

SNACK ITEMS THAT MEET SB 12

(Abbreviated list suggestions)

Fresh Fruit

Fresh Vegetables

String Cheese

Applesauce cups Motts

Fruit or Vegetable Juice*

*Elementary: less than 8 fl. oz., 100% juice and no added sweeteners

*Middle school: 12 fl. oz., 100% juice and no added sweeteners

Granola, Fruit Bars, Trail Mix

Nutrigrain cereal bars in flavors: apple cinnamon, cherry, blueberry, strawberry, mixed berry, and strawberry greek yogurt -K

Nature Valley granola bar in flavors oats & honey, fruit & nut bar, & peanut butter – GM

Nutrigrain chewy twists apple cobbler & strawberry cheesecake – K

Cereal breakfast squares, oatmeal & raisin – Q

NEW-School Days granola bar in Best Berry flavor – Q

NEW-Kashi Chewy Granola Bar trail mix – K

NEW-Kashi Soft 'n Chewy Banana Chocolate Chip – K

NEW-Van's Gluten Free Blueberry & Peanut Butter Snack Bar – V

Cheese & Chips

NEW-String-ums string cheese low moisture part-skim mozzarella – K

Cheetos baked crunchy, flaming hot – FL

Chips Oven-Baked Lays in flavors: BBQ, Lays original, Lays sour cream & onion –FL

Chips crisp ums cinnamon sugar – Q

NEW- Sargento Cheddar Mozzarella cheese snack – SO

NEW- Sargento Natural Light String Cheese - SO

Cookies & Crackers

Grahams chocolate giant goldfish, cinnamon giant goldfish – CS

Crackers elf grahams 1oz – K-K

Crackers Right bites Cheez its 100-calorie pack – Ke

Crackers Ritz Crisp – N

Crackers Wheatables – Ke

Ice Cream, Frozen Dessert & Fruit Cups

NEW!! Kona Ice 'Fruit First'- Ko

Haagen Dazs in flavors: raspberry & vanilla yogurt – HD

Frozen dessert ice cream bars strawberry & cream – HS

Frozen dessert juice bars 2.25oz in flavors: orange, cherry, & grape – MM

NEW- Fruit cups in flavors: cherry & mixed fruit, diced apples & pears, and Superfruit peach chunks in pomegranate & orange juice – DM

Fruit cups fruit bowls peaches – D

Fun fruit 100% fresh ready to eat apples, grapes, orange wedges & pineapple -S

Yogurt creamy fruit blends blueberry, cherry, peach, strawberry, strawberry banana – D

Yogurt Danimals drinkables strikin' strawberry kiwi, swingin' strawberry banana 3.1oz - D

Pretzels & Snack Mix

51% Whole Grain Baked Pretzel baked mini 1oz #30113 – JJS

Pretzel sourdough nibblers – SNY

Pretzel Rold Gold heartzels– FL

Rice snacks quakes in flavors: caramel corn and cheddar cheese – Q

Snack mix Chex in flavors: traditional, honey nut, caramel crunch, and cheddar cheese – GM

Snack mix munchies kids mix 28 gm – FL

Wheat Thin mini crisps – N

NEW- Popped Apple Cinnamon Rice Snack - Q

(Product Key) GM=General Mills, K=Kellog's, K-K=Kellog's & Keebler, Ke=Keebler, OS=Otis Spunkmeyer, Ko=Kona Ice, Kr=Kraft, N=Nabisco, FL=Frito Lay, CS=Campbell Soup Co, HD=Haagen Dazs, HS=Heartsmart, MM=Minute Maid, DM=Del Monte, D=Dole, S=Sunkist, JJS=J Snack, SNY=Snyders, PF=Pepperidge Farms, Q=Quaker, D=Dannon, GN=Genisoy, V=Van's, SO= Sargento

Please keep in mind this is an 'Abbreviated' list – Each parent/teacher should use his/her best judgment and please consult Tulare City School District Nutrition Services with any questions or concerns.

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